

YOUR UPCOMING ESOPHAGOGASTRODUODENOSCOPY (EGD) IS SCHEDULED:

_____ check in at _____

Dr. Evans

Dr. Srinivasan

Dr. Tiwari

Please call 541-222-6200 with any questions.

TIMETABLE

7-14 days prior	5 days prior	Day Prior	Day of
Arrange for a ride/escort Hold all GLP-1 medications (See page 3 for examples)	Hold all Iron Supplements	After midnight, no solid foods	Can take meds up to 2 hrs prior. <u>Clear liquids only.</u> (Continue to take Beta Blockers as directed. See page 2 for a full list)
Confirmation call			Stop everything by mouth including all liquids, smoking and gum/mints 2 hours prior to check in

CONFIRMATION

Please notify staff during appointment confirmation prior to your procedure if you have a history of cardiac stents, organ transplant, fluid in the abdomen, heart grafts, any blood disorders or are taking blood thinners.

Our office **MUST** make contact with you to confirm, or your procedure will be canceled. If you do not receive a call from our staff a week prior to your procedure or have questions, please call 541-222-6200.

CANCELING/RESCHEDULING PROCEDURE

If you want to cancel or reschedule your appointment, please call 541.222.6200 at least **7 days prior** to your scheduled appointment. This helps us to schedule the next patient waiting to be seen.

TRANSPORTATION

You must arrange for an adult family member or friend to drive you to your procedure and home from your procedure. They will need to be available throughout your appointment. It is the policy of PeaceHealth that you have a responsible adult accompany you home after your procedure (a bus or taxi ride is not an option) **In the event you are unable to arrange for a driver to accompany you to and from our endoscopy unit, your procedure will need to be rescheduled.**

SEDATION

Sedation medication helps you relax and feel comfortable during the procedure. You may feel fine after your procedure, but your judgement will be impaired from the sedation medication you receive. ***Do not drive, make legal decisions, return to work, or drink alcohol for the remainder of the day.**

PATIENTS ON BLOOD THINNING MEDICATIONS

If you take any medications to thin the blood such as Coumadin, Warfarin/Jantoven, Plavix, Brilinta, Eliquis, Pradaxa, Effient, Jantovan, Pletal, or Xarelto, you will need specific instructions when to stop these medications. Most patients will need to stop these medication 2-5 days prior to your procedure.

A staff member will be calling to confirm your appointment and will go over your special instructions such as how long to hold your blood thinner.

**Coumadin/Warfarin/Jantoven patients will have Prottime/INR checked after checking in for their procedure. The INR needs to be below 1.5 on the day of procedure.

HYPERTENSION PATIENTS

A staff member will be calling to go over your blood pressure medications with you prior to your procedure. If you take Losartan and/or Lisinopril, hold that medication the day of the procedure.

Beta Blockers

Check if your drug is on this list:

- acebutolol (Sectral)
- atenolol (Tenormin)
- bisoprolol fumarate (Zebeta)
- carvedilol (Coreg)
- esmolol (Brevibloc)
- metoprolol (Lopressor, Toprol XL)
- nadolol (Corgard)
- nebivolol (Bystolic)
- propranolol (Hemangeol, InnoPran XL)

DIABETIC PATIENTS

- If you take a GLP-1 “tide” injectable diabetic medication (Trulicity, Byetta, Victoza) **DO NOT** take for 1 week prior to your procedure.
- If you take a “gliflozin” diabetes pill (Farxiga, Invokana, Jardiance), **DO NOT** take for 3 days prior to your procedure.
- **DO NOT** take any oral or injectable diabetic medications on the morning of your procedure.
- If you have a manual insulin pump, keep it on nighttime basal the morning of your procedure. Automatic pumps can be left on sensing mode.

GLP-1 Medications

Hold for seven (7) days prior to procedure.

Name	Brand
Exenatide	Byetta Bydureon
Liraglutide	Victoza
Albiglutide	Tanzeum
Dulaglutide	Trulicity
Lixisenatide	Lixumia
Beinaglutide	
Semaglutide	Ozempic Rybelsus
PEG- loxenatide	Fu Laimei
Tirzepatide	Mounjaro

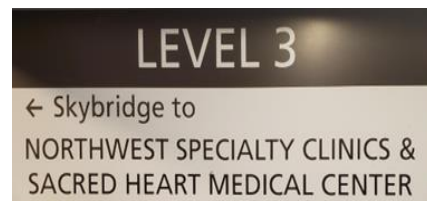
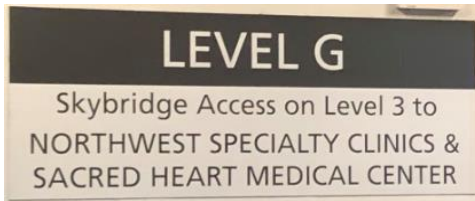
If you have any questions, please reach out to the clinic @ 541-222-6200

PeaceHealth Medical Center
Endoscopy
RIVERBEND PAVILION

3377 Riverbend Drive – 2nd FLOOR
Springfield, Oregon 97477
541-222-6200

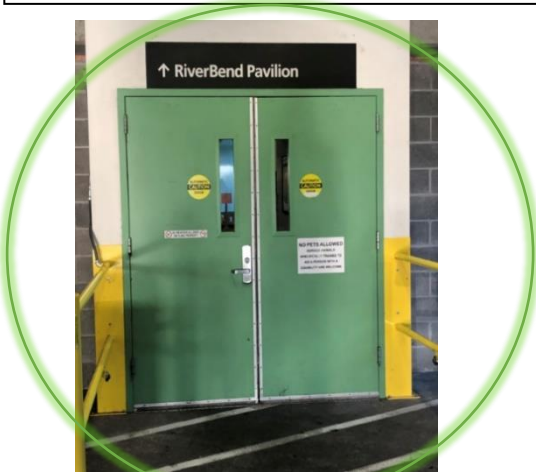
Parking Garage "C" is attached to the Pavilion building
(A map is on the back of this page with the Pavilion and Parking Garage C circled)
The Pavilion Building DOES NOT have a Blue Roof awning

**Entrance into The Pavilion from the parking garage is
ONLY on the GROUND or 3rd FLOOR**



**ENTER PAVILION THROUGH
GREEN DOORS**

**DO NOT ENTER THROUGH
BLUE DOORS**



When inside the Pavilion building, take the elevator or stairs to the 2nd floor.
Once out of the elevator, take a hard left turn for Endoscopy procedure desk.